

# FINAL PROGRAMME

## 1<sup>st</sup> International CIRC MEETING

(Center of Interdisciplinary Research of Compression)

**13<sup>th</sup> and 14<sup>th</sup> October 2010**

Novotel ISTANBUL

Address:

Kazlicesme Mah,

Kennedy Cad. No: 56 Zeytinburnu

34025 Istanbul

## **Compression therapy in chronic oedema**

**Chairmen: Prof. Hugo Partsch and Prof. Dr. Semih Barlas**

### **Wednesday, 13<sup>th</sup> October 2010:**

13:00-14:00	Official Registration and Fingerfood/Coffee Break
14:00-14:10	Welcome & Presentation of CIRC by Uwe Meyer
14:10-14:20	Welcome by the Chairmen
14:20-14:45	F. Pannier, E. Rabe: Leg swelling in the general population
14:45-15:00	P. Mortimer: How is oedema fluid removed from the tissue?
15:00-15:20	A. Sommer: Clinical differential diagnosis of the swollen leg
15:20-15:40	R. Damstra: What is the optimal compression pressure to reduce oedema?
15:40-16:00	G. Mosti: Bandages or stockings ? Results with water displacement volumetry and measurement of skin thickness
16:00-16:20	coffee break
16:20-16:40	F. Schingale: Specific problems of compression therapy in lymphoedema
16:40-17:00	A.Cavezzi: Results with bioimpedance before and after compression
17:00-17:20	G. Szolnoky: Comparison of medical compression stockings: Mediven ulcer kit vs Mediven ccl 3
17:20-17:40	JP Benigni: Compression hosiery: future aspects
17:40-18:30	discussion
18:30-19:30	leisure time
19:30	departure by bus to typical Turkish restaurant
23:30	return to hotel by bus

## **Thursday, 14<sup>th</sup> October 2010:**

### **Session: Best Practice in Venous Procedures**

09:00-09:20	Sergey Stefanov: Russia Endovenous treatment with diode laser 980 nm and 1500 nm: Is there any advantage?
09:20-09:40	Prof. Dr. Cüneyt Köksoy Management of Post Thrombotic Syndrome
09:40-10:00	Prof. Dr. Semih Barlas Endovenous Truncal Ablation
10:00-10:20	Prof. Rashad Bishara N.N.
10:20-10:50	discussion
10:50-11:15	coffee break

### **Session: Best Practice in Lymphoedema**

11:15-11:35	H. Partsch: Role of compression therapy in lymphoedema
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### **Lymphoedema treatment in different countries:**

11:35-11:55	Dr. Franz Schingale Lymphoedema therapy in Germany and in Egypt
11:55-12:15	Dr. Robert Damstra Lymphoedema treatment in the Netherlands
12:15-14:00	lunch
14:00-14:20	Dr. Yigit Akcali Lymphoedema therapy in Turkey
14:20-14:40	A. Cavezzi Lymphoedema therapy in Italy
14:40-15:00	G. Szolnoky Lymphoedema therapy in Hungary
15:00-15:30	final discussion
15:30-16:00	coffee break
16:00-17:30	Workshops: <ul style="list-style-type: none"><li>• Which trials do we need in the future to optimize compression therapy in chronic oedema?</li><li>• Ideas for innovative compression products</li></ul>
17:30-19:00	leisure time
19:00	departure by bus to Ataköy Marina
19:30	transfer to restaurant by boat
20:45	dinner at Mavi Balik
23:00	return to hotel by bus

## **Friday, 15<sup>th</sup> October 2010:**

departure